

Among Friends



Fond du Lac Senior Center ...*where friends meet!*

December 2012

~ Proudly serving the seniors in the Fond du Lac community for over 45 years! ~

Seasons Greetings

*May this holiday season
leave you with precious memories:
A Christmas filled with love and light,
perfect gifts, delicious foods,
love and joy all around.
A New Year with continuing blessings—
friends, family, good work, great fun,
and delightful surprises.*

*Wishing you and your family all the joy
and magic of this holiday season
throughout the year!*

*Merry Christmas
and Happy New Year!*

*From your friends at the
Fond du Lac Senior Center*



WELCOME TO THE FOND DU LAC SENIOR CENTER



A Free Monthly Publication
Vol. 3 • No. 12

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Fond du Lac Senior Center

151 E. 1st St.

Fond du Lac, Wisconsin 54935

Phone..... (920)322-3630

Email..... dwinkelman@fdl.wi.gov

Hours M-F 8:00 a.m.- 4:30 p.m.

*The Fond du Lac Senior Center
provides equal services to
all individuals 50 years and over,
including those individuals
with disabilities.*

HAPPY TRAVELERS TRIP SCHEDULE

The 2013 Happy Travelers Trip Schedule on page 7 is a perforated page for you to tear out and keep for reference all year long. It will not be printed again in the newsletter, so you may want to tear it out now and put it in a safe place.

FREE TICKETS TO SCHOOL EVENTS

The Fond du Lac School District has generously sent the Senior Center ten complimentary tickets for admission to regular season athletic contests and music department concerts presented by district schools for the public. These tickets are to be used by seniors on a shared basis—anyone who is interested in attending a specific event may pick up a complimentary ticket at the Senior Center, use it for that particular event, and return it to the Center for use by others. The tickets are available for check out at the front desk.

NOTICE ABOUT CIBO COUPON IN 2012 DINE OUT BOOK

Some of you may have tried to use your Cibo coupon for “Buy One Sunday Brunch at Regular Price, Get 1/2 off on a Second Sunday Brunch” and were told the coupon was no longer valid. On November 1, new ownership took over at the Ramada Plaza—renaming the restaurant *Semina*. They have graciously offered to honor the coupon through the end of the year. If you no longer have your coupon, just mention the Senior Center when ordering and the discount will be honored.

THE CENTER THERMOSTAT



**Please bring your warm sweater
and fluffy down vest,
the temp at the Center
is really a mess.**

**Some like it warmer,
some like it cool,
we tried to please everyone
and looked like a fool.**

**Come dressed in your layers,
put on, then take off,
some days it's real hot here
and some days it's not.**

**If you ask nicely,
it's our aim to please,
setting the temperature
is not meant to tease.**

**But please tell the staff
And don't touch the dials
With so many hands,
It's trouble and trials.**

**Remember this always,
of this I don't jest
please bring your warm sweater
and fluffy down vest.**

ON A PERSONAL NOTE...

As 2012 comes to a close, I am reminded of all the things that have transpired throughout the year. Although most of those things would be considered happy events, one thing stands out above all the rest—and that is the sad passing of LeRoy Walters on July 29. Most everyone reading this knows what an extraordinary person LeRoy was. He was such a gift to all of us here at the Senior Center, and to me personally. Not a day goes by that I don't remember my friend because of all the things he did here at the Center, but the thing I miss most is the way his kind and generous spirit, his big heart, and his warm and friendly smile filled a room. Everyone was special to LeRoy and he wasn't afraid to show you that he cared. He gave of himself so completely and in so many ways, and he touched so many lives in such a meaningful way. There is a saying that goes, “Some people come into our lives and leave footprints on our hearts and we are never ever the same”—LeRoy was one of those kind of people. I miss him dearly, but I am so very blessed to have known him and will forever treasure the precious gift of his friendship.



Judy Lange, Assistant Director

GREAT STOCKING STUFFERS

Friends of the Fond du Lac Senior Center



DINE OUT COUPON BOOK

A great
Stocking
Stuffer!



COST:
\$5.00
includes
47 Coupons
with **SPECTACULAR
SAVINGS** at 38 Area
Restaurants

**BETTER
THAN
EVER!**

**ON
SALE
NOW!**

Surprise that special someone
with the gift that gives all year long!

Discounts are good from January – December 2013

Purchase books in the Senior Center's This 'n That Craft & Gift Shoppe
Also available for sale at: Central Barber, Fox Valley Savings Bank,
KFIZ, Korneli's Main Street Express, Philly's on 4th and Pump 'n Pantry

Thanks to these local restaurants and businesses for their participation
in this year's coupon book (*new participants appear in red*):

A&W Drive-In, Ala Roma Italian Pizzeria & Pub, Backyard Grill & Bar, Black Perl,
Blanck's Supper Club—Johnsburg, **Blanck's Lake Aire Supper Club**, Capone's,
Coliseum Sports Bar & Grill, Cool River Sports Grill, Cousins Subs, Dairy Queen East,
Dairy Queen West, Dillion's—Ledgewood Lanes, Duffy's Steakhouse—Holiday Inn, Eden
Café and Eden Grill in Taycheedah, **Fat Joe's**, Fond du Lac Seafood, Gille's Frozen
Custard Drive-In, Gino's Italian Restaurant, **King's Chef**, **Knights of Columbus**,
Korneli's Main Street Express, Main Exchange, Mancino's, Oak Central, Paddy's
Pizza, Parrot Palms, Philly's on 4th, Pioneer Pit Stop, Pump & Pantry, Red Cabin on
Green Acres, Schmitty's Bar & Grill, Sombrero's, Subway, Sunset Supper Club,
Tuckers, Villa Palermo Café, Wendt's On the Lake

*And SPECIAL thanks to Grande Cheese for their generous contribution
toward the printing of this year's book.*

Newsletter Crew

Editor.....Dottie Winkelmann
Coordinator/
Design/Writer.....Judy Lange
Writer.....Jean Holzman
Mail Coordinator.....Vivian Gorden
Labels.....Sandy Gerlach
Mail Crew.....20+ volunteers!

Newsletter Deadline

The deadline for submission
of January newsletter is
Monday, December 3. Give
information to Judy Lange.

Up-to-Date Information

Tune in to KFIZ-AM 1450
Monday mornings at 9:10 a.m.
for the Senior Center report.



The One You Depend On

WWW.KFIZ.COM

Dottie Winkelmann, Senior Center
Director, is guest of Wade Bates on
his *After Breakfast Show* on KFIZ
1450 AM every Monday morning.
Dottie visits the radio station to give
a report about upcoming activities
and events at the Senior Center.

Newcomer Tour

Call 322-3630 if you would
like a tour of the Senior
Center and to learn about our
programs and activities. This
tour is for new members or
those who have not been very
active but want to find out
more about the Center.

Leave a Legacy

You can leave a legacy by
remembering the FDL Senior
Center in your will. Your
generosity will enable the
Center to continue to provide
quality programming, classes
and services to the older
adults in the FDL community.
Please call Dottie Winkelmann,
Senior Center Director, to discuss
various ways that you can assist the
Senior Center in fulfilling its mission.



HOLIDAY HAPPENINGS



CHRISTMAS CAROLING



**Friday, December 14
from 1-3 p.m.**

SHARE THE HOLIDAY SPIRIT THROUGH SONG

Everyone's invited to join the students of the Senior Center's Singing Class and instructor Kayhryn Staley Hamm for some old-fashioned

Christmas caroling! Meet at the southwest corner of Forest & Main Streets. Caroling books will be provided.

POOL PARTY & POTLUCK

Thursday, December 20, at Noon

All Senior Center pool players are invited to celebrate the season with a Holiday Pool Party & Potluck to be held at the Senior Center on Thursday, December 20, beginning at noon. There is a sign-up sheet located on the bulletin board in the pool room. *Deadline to register is Thursday, December 13.*



HELP DECORATE OUR HEART TREE

Delicate spun glass heart ornaments \$2.00 donation

Open your heart to the Senior Outreach Program by donating \$2 for an ornament in memory of a loved one who is deceased or in honor of a family member, friend, co-worker, or other special person in your life. The purchase of each spun glass heart ornament is a donation to the program. Rather than keeping the ornament, the spun glass heart ornament will be placed on the Heart Tree at the Senior Center for the holidays. The deadline to dedicate ornaments for the tree is *December 19*. A heart tree dedication ceremony will be held on Thursday, February 7, at 10 a.m.



**Wednesday ~ December 19
North Fond du Lac Community Center**

281 Garfield Street North Fond du Lac

Social ~ 11:30 a.m. Luncheon ~ Noon

Followed by Musical Entertainment

MENU: Beef tips, chicken, mashed potatoes & gravy, California mix veggies, fruit fluff, cake, and beverages

COST: \$10 per person

Make check payable to "AARP Chapter 614," and mail to Kate Barr, N6411 Danny Lane, Fond du Lac, WI 54935. The deadline to register is Friday, December 14.

★**GREAT FOOD** ★**ENTERTAINMENT** ★**FUN**

★ Opportunity Raffle – please bring a canned soup donation for tickets

Deadline to register: Friday, December 14; Limit of 80 attendees

*If you would like to join for \$3, your membership is good now through December 2013. Those joining by January 17 will be eligible for prizes in a random membership drawing to be held at the AARP General Meeting on Thursday, January 17, 2013.

The Senior Center will be
CLOSED
on Monday, December 24 &
Tuesday, December 25,
and on Monday, December 31
& Tuesday, January 1.
Merry Christmas and
Happy New Year!

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HEART TREE ORDER FORM



~ PLEASE PRINT ALL NAMES CLEARLY ~

Please put a heart on the HEART TREE in memory of (Deceased) :

_____	_____
_____	_____

Please put a heart on the HEART TREE in honor of (Living) :

_____	_____
_____	_____

\$2.00 EACH NAME Total Enclosed _____

(Make check payable to: Friends of the Fond du Lac Senior Center)

DONATED BY:

Name _____

Street _____

City _____ **Phone** _____

UPCOMING PROGRAMS

BAGELS WITH A BROKER



Ben Baertschy,
Financial Advisor
Edward Jones Investments



Featured speaker each month

Have a bagel and chat with Ben on the **1st Monday of each month at 9 a.m.** Ben will be joined by a different guest speaker each month to address a specific investment topic.

**NEW
FORMAT!**

December 5: Jim Stodolla from Saybrus Partners
Topic: Life Insurance and how it can compliment your retirement planning

January 7: Dave Hrea from Lord Abbott
Topic: How diversification and rebalancing can help navigate your portfolio through retirement

February 4: Nicole Pretzel from Oppenheimer
Topic: Benefits of dividend paying equity funds

March 4: Kathleen Gill from Franklin Templeton
Topic: The current market and how stocks can compliment your portfolio

April 1: Keith Brennan from Prudential
Topic: Ideas for increasing income and adding longevity to your income in retirement

Bagels by "The Bagelmeister." Free to attend. Pre-registration is appreciated by calling 322-3630 or stop at the front desk.

FREE TAX ASSISTANCE

**Call beginning January 7
to schedule an appointment**

The Fond du Lac Senior Center will be offering tax assistance again this year. Tax Aide will be offered on Tuesdays, Wednesdays, & Thursdays from 8:30 a.m. until 4:30 p.m. Appointments will be available from Tuesday, February 5 through Thursday, April 11. We will start scheduling appointments on Monday, January 7. To make an appointment, please call the Senior Center at 322-3630 on or after that date.



The Tax-Aide program, administered through the AARP Foundation in cooperation with IRS, is designed to assist the elderly in preparing their personal income tax returns, but the trained volunteers can also help all low-to-moderate income age groups. Although there are certain types of tax situations such as rental property, farm or business income that are not covered by the Tax-Aide program, the volunteers will be able to assist most area residents. This is an AARP and IRS co-sponsored community service.

SISSON'S PEONY GARDENS

Thursday, January 24, at 1 p.m.

Betty Dahlke, Garden Restoration Chairperson

The Green Thumb Garden Club has partnered with the Senior Center for a presentation about the famous Sisson's Peony Gardens in Rosendale, with guest speaker Betty Dahlke, Garden Restoration Chairperson.



This program is FREE and open to the public. Refreshments will be served. For planning purposes, please call the Senior Center at 322-3630 to register by Friday, January 18.

The Green Thumb Garden Club will hold their monthly meeting following the program. Interested gardeners are invited to stay for the meeting and learn what the garden club is all about.

2012 FRIENDS

ANNUAL MEETING & BOARD ELECTION

Friday, January 25, 2013

The Friends Annual Meeting will be held on Friday, January 25. At that time, the Friends nominating committee will present a slate of candidates to fill board vacancies. Voting for this election will take place at the Annual Meeting – or if you are unable to attend the luncheon, you may vote at the Senior Center prior to the Annual Meeting. If you are interested in serving on the Friends Board, call the Senior Center and leave your name and phone number with the receptionist. There are five vacancies to fill on the Board. Our five incumbents— Kate Barr, Susanne Dennis, Jerry Gorgon, Irv Pea and Ruth Smith are willing to serve another term, but nominations will also be accepted. Please note that the Annual Meeting is a brief (about 20 minutes) part of the luncheon. We hope you will join us for a fun afternoon—[watch for details to follow in next month's newsletter](#). Registration for the luncheon will not begin until January.

**Thank
You!**



A SPECIAL THANK YOU...

to those who baked all the marvelous goodies for our Election Day Bake Sale and to the ladies who helped price and sell the goodies. The bake sale raised \$300 for the Friends organization!

HAPPY TRAVELERS

Doris Zimmermann, Travel Coordinator Call 322-3635

SIGN UP FOR THESE TRIPS AS SOON AS POSSIBLE

REMBRANDT VAN DYCK GAINSBOROUGH

The Treasures of Kenwood House, London

Tuesday—January 8
Milwaukee Art Museum

Cost: \$67



The Milwaukee Art Museum is one of four museums in the US to present this exhibition of 48 masterpieces on tour from the Iveagh Bequest collection. Portraiture, landscape, and seventeenth-century Dutch and Flemish works dominated English aristocratic collections in the late nineteenth century, when Edward Cecil Guinness, 1st Earl of Iveagh (1847–1927) and heir to the world's most successful brewery, shared the cultural stage and art market with other industry titans such as the Rothschilds and J. Pierpont Morgan. The forty-eight masterpieces in this exhibition represent the greatest artists of their periods, including Rembrandt van Rijn (Dutch, 1606–1669), Anthony van Dyck (Flemish, 1599–1641), Thomas Gainsborough (English, 1727–1788)

Fasching Dinner Show

Sunday – February 10

Laack's Hall

Sheboygan Falls, WI

Cost: \$65



DORF KAPELLE

Join us for a fun afternoon of German food and music at Laack's Hall in Sheboygan Falls with the Dorf Kapelle. Capturing the traditional ethnic style of the typical European village Band, Dorf Kapelle has thrilled audiences at festivals, stage performances, dances and concerts throughout Wisconsin.

Menu: Smoked Pork Chops, Goulash, German Potato Salad, Mashed Potatoes, Sweet Sour Red Cabbage, Mixed Vegetables, Black Forest Chocolate Cake and Beverage.

ONEIDA CASINO DAY TRIPS

THURSDAY, JANUARY 31

COST: \$20 (NO MEAL STOP)

Includes: \$25 for gambling, bus transportation, & camaraderie!
Leave: 10 a.m.; Home: 4:30 p.m.



THURSDAY, FEBRUARY 28

COST: \$54 (Dinner at VAN ABEL'S in Hollandtown)

Includes: \$25 for gambling, fantastic dinner, bus transportation & FUN! Leave: 10 a.m.; Home: 7:00 p.m.

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"The Cemetery Club"

Sunday – February 17

Memories Dinner Theater, Port Washington, WI

Cost: \$60

A witty and heartwarming comedy by Ivan Menchell

Three Jewish widows meet once a month for tea before going to visit their husband's graves. Ida is sweet tempered and ready to begin a new life, Lucille is a feisty embodiment of the girl who just wants to have fun, and Doris is priggish and judgmental, particularly when Sam the butcher enters the scene. He meets the widows while visiting his wife's grave. Doris and Lucille squash the budding romance between Sam and Ida and are guilt stricken when this nearly breaks Ida's heart.



The Cemetery Club

Menu—Buffet Dinner includes: Grilled Salmon with mango salsa, Baked Ham, Wild rice with craisins, Roasted Potatoes, Vegetable blend, Fluff, Ribbon salad with French dressing, Warm dinner rolls, Black Forest Cake

**TEAR OUT THE TRIP SCHEDULE ON PAGE 7
AND PUT IN A SAFE PLACE
TO USE AS REFERENCE ALL YEAR LONG**

2013 HAPPY TRAVELERS

JANUARY

**BE SURE TO SIGN UP
ASAP FOR TRIPS SO THEY
ARE NOT CANCELLED**

"Rembrandt, Van Dyck & Gainsborough"

MILWAUKEE ART MUSEUM
Tuesday – January 8

Oneida Casino

NO MEAL
Thursday – January 31

FEBRUARY

Fasching Dinner Show

LAACK'S HALL- Sheboygan Falls
Sunday – February 10

The Cemetery Club

MEMORIES DINNER THEATER
Port Washington
Sunday—February 17

Exploring Panama

WITH COLETTE VACATIONS
February 21 – March 1

Oneida Casino

Dinner: VAN ABEL'S in Hollandtown
Thursday—February 28

MARCH

"Footloose"

FIRESIDE THEATER - Fort Atkinson
Thursday – March 7

"Maggie Mae"

**NATIONWIDE TRAVELERS'
SPRING REUNION SHOW**

FOX VALLEY LUTHERAN
HIGH SCHOOL - Appleton
Sunday – March 24

Oneida Casino

Dinner: KODIAK JACK'S in Oshkosh
Thursday – March 28

Fond du Lac
Senior Center
151 E. 1st Street
Fond du Lac, WI

920-322-3635



APRIL

Pigeon Forge / Smoky Mountains Show Trip

EXTENDED TRIP
WITH DIAMOND TOURS
April 14 – 20

Oneida Casino

Dinner: SCHWARZ'S in St. Anna
Thursday – April 25

Red Wing, MN / Amtrak

EXTENDED TRIP
WITH HAPPY TRAVELERS

MAY

"Lion King"

FOX CITIES PAC – Appleton
Sunday—May 5

"The Letterman"

SCHAUER CENTER – Hartford
Friday—May 17

Oneida Casino

Dinner: JIM & LINDA'S
LAKEVIEW SUPPER CLUB in Malone
Thursday – May 30

JUNE

Milwaukee Domes & Greendale Tour

MILWAUKEE
Wednesday—June 12

Maggie Mae's Barn Dance

Country Music Singer: Maggie Mae
Oxford, WI
Thursday—June 20

Arlington Horse Races

Arlington Heights, IL
Wednesday—June 26

CALL:

322-3635

Doris

Zimmermann
Travel Coordinator

Mary

Schneider
Travel Assistant

\$10

DEPOSIT
REQUIRED
to hold
most trips

JULY

Chicago Architectural Cruise & Botanical Gardens Tour

Wednesday—July 10

Oneida Casino

Dinner: ROXY'S in Oshkosh
Wednesday – July 24

AUGUST

Milwaukee

"Candy, Nuts & Beer Tour"
Wednesday—August 14

Oneida Casino

Dinner: SCHWARZ'S in St. Anna
Wednesday—August 28

Timber Rattlers Game

(with grandchildren) Date—TBD

SEPTEMBER

Oneida Casino

Dinner: Sunset Supper Club
Thursday – September 19

Sault Ste. Marie

Agawa Canyon & Pictured Rock
EXTENDED TRIP
WITH HAPPY TRAVELERS
September 24—27

OCTOBER

Boston

EXTENDED TRIP
WITH DIAMOND TOURS
October 1—9

"Mary Poppins"

MARRIOTT THEATER
Lincolnshire, IL
Wednesday—October 30

Oneida Casino

Dinner: JIM & LINDA'S
Thursday – October 31

NOVEMBER

"A Fireside Christmas"

FIRESIDE THEATER
Wednesday – November 6

Oneida Casino

NO MEAL
Thursday—November 21

DECEMBER

(Dates: TBD)

Lake Geneva

EXTENDED TRIP
WITH HAPPY TRAVELERS
(2—3 days)

Rockettes OR Doc Severinsen

Fond du Lac Senior Center
Christmas Party
OPEN TO ALL FRIENDS MEMBERS

Day Trips:

Gambling Trips
Musical /
Dinner Theater
Cruise or Tour
Sporting Event

Extended Trips:

2-4 days
7 or more days

MPTC COMPUTER CLASSES

The Fond du Lac Senior Center is proud to partner with MPTC to bring you these computer classes. These classes are set up through Moraine Park Technical College and held in the Computer Lab at the Senior Center. The classes are taught at a relaxed pace and are open to ALL ages. **HOW TO REGISTER** Register at MPTC in person (C-1 Entrance) or by telephone at **922-8611**. Classes often fill fast—early registration is recommended. * = **Bring a jump drive to class.**



MORaine
PARK
TECHNICAL COLLEGE

COURSE #	DAY	DATE	WKS	TIME	HOURS	INSTRUCTOR	COST (62+)	COST (<62)
COMPUTER BASICS 1*								
103-483-31411	M, T, W	January 7, 8, 9	3 days	9:00 a.m.—Noon	9 hrs	JoAnne Smith	\$4.00	\$33.23
103-483-31416	Fridays	March 15, 22, 29	3 weeks	9:00 a.m.—Noon	9 hrs	Karen Beaman	\$4.00	\$33.23

Learn how to turn on equipment; what to expect once it is on; and how to use a mouse, run software and give commands to the computer. Hands-on experience is emphasized. This beginning-level course introduces basic computer information.

COMPUTER BASICS 2*								
103-485-21526	W, R, F	December 5, 6, 7	3 days	9:00 a.m.—Noon	9 hrs	JoAnne Smith	\$4.00	\$33.23

Learn how to create and save documents; bold, italicize and format documents; work with files and folders on a computer. Hands-on experience is emphasized.

COMPUTER BASICS 3*								
103-490-31413	M, T, W	January 7, 8, 9	3 days	1:00—4:00 p.m.	9 hrs	JoAnne Smith	\$4.00	\$33.23

Learn how to browse and search web pages as well as send and receive email. Build on the skills learned in Computer Basics for Beginners 1 & 2.

COMPUTER BASICS 4*								
103-491-21527	W, R, F	December 5, 6, 7	3 days	1:00—4:00 p.m.	9 hrs	JoAnne Smith	\$4.00	\$33.23

Explore in-depth concepts of computer software and hardware. This advanced computer basics course builds upon the knowledge and application technique skills learned in Computer Basics for Beginners 1, 2 and 3.

BEGINNING DIGITAL CAMERAS								
105-605-21524	Monday	December 3	1 time	Noon—4:00 p.m.	4 hrs	JoAnne Smith	\$18.63	\$23.50
105-605-31436	Thursday	January 3	1 time	Noon—4:00 p.m.	4 hrs	JoAnne Smith	\$18.63	\$23.50

Examine the features of digital cameras. Learn the technology and jargon associated with digital cameras such as "megapixel" and "flash memory." Experiment with different types of digital cameras and learn how to share your digital photos with friends and family by e-mail and over the Internet.

INTERMEDIATE DIGITAL CAMERAS								
105-609-21525	Tuesday	December 4	1 time	Noon—4:00 p.m.	4 hrs	JoAnne Smith	\$18.63	\$23.50
105-609-31438	Friday	January 4	1 time	9:00 a.m.—1:00 p.m.	4 hrs	JoAnne Smith	\$18.63	\$23.50

Discover tools to improve both your digital pictures and your digital photography skills.

PINTEREST								
103-669-22478	Tuesday	December 4	1 time	9:00—11:00 a.m.	2 hrs	JoAnne Smith	\$11.31	\$13.75
103-669-31482	Friday	January 4	1 time	2:00—4:00 p.m.	2 hrs	JoAnne Smith	\$11.31	\$13.75

NEW!

Learn about this popular web sharing service that allows members to "pin" images, videos and other objects to their pinboard. Pinterest lets you organize and share beautiful things you find on the web. People use pinboards to plan weddings, decorate homes, and organize favorite recipes. Learn to browse friends' pinboards and get inspiration from others who share your interests.

COMING THIS SPRING—NEW CLASSES:

8 Setting up a Facebook Profile • Is the iPad for you? • Introduction to Using the iPad

Watch upcoming
newsletters for details

SENIOR WELLNESS MORNING

Friday, December 14

BRAIN HEALTH

DOOR PRIZES • HANDOUTS • REFRESHMENTS

Fond du Lac Senior Center

151 E. First Street

For planning purposes, call 322-3630 to pre-register.



9 - 10 a.m.

Health Screenings: **Blood Pressure** (provided by Agnesian Home Care), **Blood Sugar—Fast required** (provided by Lutheran Homes & Health Services), **Hearing** (provided by Avada Audiology & Hearing Care)

Health Info Booths: Above & Beyond Care Solutions, Aging & Disability Resource Center, Agnesian Health Shoppe, Alzheimer's Association, Avada Audiology & Hearing Care, Country Doctor, Good Vibrations Studio, Harbor Haven Health & Rehabilitation, Lake View Estates, Lutheran Homes & Health Services, Senior Care Referral Specialists, Sterling House, Wrights Elements Massage

Demonstration: **SCAMP** (the Senior Center's very own band!) will be performing holiday music

10 - 11 a.m.

Speaker: **Ginny Nyhuis**, Community Outreach Coordinator, Alzheimer's Association of Southeast Wisconsin

Topic: **Nourish Your Noggin:**

The Necessities of Brain Wellness

alzheimer's 
association™

Join us for this fun and interactive program for anyone interested in brain health. Learn how memory works, about age-related changes (what is normal, what is not) and how to live a brain-healthy lifestyle.

This month's Senior Wellness Morning is sponsored by the Alzheimer's Association of SE Wisconsin

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- Close to Forest Mall, etc. On City bus route

Grand Court Apartments at 630 West Arndt Street, Fond du Lac

- Must be elderly (62+) or disabled
- Nursing services available to residents free one day a week
- All utilities included in rent except electricity, Free on site parking
- Close to Forest Mall, etc. On City bus route

Heather Meadows Apartments at 235 Winnebago Street, N Fond du Lac

- Must be elderly (62+) or disabled
- Nursing services available to residents free twice a month
- All utilities paid except electricity
- Free on site parking

Rosalind Apartments at 15 North Marr Street, Fond du Lac

- Must be near elderly, elderly (50+) or disabled
- Air conditioned hallways and Community Room
- Large TV for resident use in Community Room
- Nursing services available to residents free one day a week
- All utilities included in rent
- Close to downtown, hospital, clinics, churches; on City bus route

For more information call: **Fond du Lac Housing Authority**
929-3107 extension 102 • Monday – Friday 8:00 AM – 4:30 PM

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MONTHLY MOVIE

“Ladies in Lavender” Monday December 10

11:45 a.m. Lunch (optional)

MENU: Ring Bologna, German Potato Salad, Whole Kernel Corn,
Under the Sea Salad, White Bread, Pineapple Upside Down Cake, Milk

12:30 p.m. Movie

Starring Academy Award winners Judi Dench and Maggie Smith, *Ladies in Lavender* is a heartwarming film about two sisters who find their lives changed by a young man, Andrea, who has been washed ashore and badly injured. Upon taking him in, his presence quietly invokes Ursula's (Dench) abandoned feelings of longing and Janet's (Smith) maternal instincts, while also arousing suspicion and fear in the township during pre-war times in Europe. But throughout Andrea's stay, the two sisters discover his true origins, his talents as a gifted violinist and embark on a journey they had never imagined for themselves.

You must register separately for each activity. Call 929-3937 by 1 p.m. on the Friday before, to register for the FDL Senior Dining Program lunch (recommended donation of just \$3.00 for those age 60 years or older). Call 322-3630 to register to attend the movie so that adequate seating & refreshments can be planned. Movies are free and open to the public. FREE popcorn and refreshments.



Special thanks to **Family Video**, 32 E. Johnson Street, for generously allowing the Senior Center one free movie rental per month.

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RECREATION

Call 322-3630 for more information about any of these activities. [New members are always welcome!](#)

Unless otherwise noted, there is no cost to participate in these recreational activities, but there is a 50¢ requested donation. These donations help defray the cost of programming and operations at the Senior Center. It is a DONATION – and is not required for participation.

ART CLUB

Thursdays at 1:00 p.m.

BINGO

50¢ for 2 cards

Tuesdays at 1:00 p.m.

Thanks to our Bingo Sponsors who provide prizes, treats, and caller.

1st Tuesday: ManorCare (odd months)

ACACIA Home Care (even months)

2nd Tuesday: Comfort Keepers

3rd Tuesday: Walnut Grove

4th Tuesday: Rehab Arisces (even months)

Philip Shepherd, Attorney (odd months)

5th Tuesday: CRL Senior Living of Oshkosh

BOOK CLUB

3rd Monday at 9:30 a.m.

December 10 *Road to Grace*
Richard Paul Evans

On December 10, meet at 9:30 a.m. at the Oasis Restaurant for Christmas Breakfast

January 21 *Unbroken*
Laura Hillenbrand

February 18 *Killing Lincoln*
Bill O'Reilly

Book synopses available at front desk.

BRIDGE

\$1 donation

Tuesdays at 12:45 p.m.

For information or to play, call Joan Christ at 921-9526.

Thursdays at 12:45 p.m.

For information or to play, call Hilda Feldmann at 921-2889.

CANASTA

1st & 3rd Wednesdays at 1:00 p.m.

COIN CLUB

2nd Tuesday (May–October) at 6:30 p.m.

CRIBBAGE

Wednesdays at 1:00 p.m.

DANCES

\$3.00 fee

Wednesdays at 7:30–10:00 p.m.

DOMINOES

3rd Wednesday at 12:30 p.m.

GERMAN CLUB

Mondays at 1:00 p.m.

HANDCHIME CHOIR

Wednesdays at 9:00 a.m.

Thursdays at 9:00 a.m.

LINETTES (EZ Line Dancing)

Wednesdays at 9:00 a.m.

MODEL RAILROAD HOBBYISTS

2nd Sunday at 6:00 p.m.

PINOCHLE

Fridays at 1:00 p.m.

POKER

Mondays at 1:00 p.m.

POOL

Open Pool daily (except during league play)

Leagues

8-Ball Tuesdays 8:30 a.m.–12:30 p.m.

9-Ball Wednesdays 8:30 a.m.–12:30 p.m.

QUILTING

Flying Geese Quilting Club

1st Thursday at 1 p.m.

Call Nancy at 923-4494 for info.

Sunset Stitchers Quilt Guild

2nd Thursday at 7:00 p.m.

Call Laura at 923-1693 for info.

R.O.M.E.O.

All men are welcome to join the "Retired Old Men Eating Out" for lunch...

Thursday, December 6, at noon

Hibachi Grill & Sushi Buffet

Thursday, January 3, at noon

Trinity Restaurant

SCAMP (Senior Center Band)

Wednesdays at 8:30 a.m.

SCRAPBOOK CLUB

First three Thursdays at 10:00 a.m.

Char-tastic Crafters

1st & 3rd Thursday from 6–8 p.m.

SHEEPSHEAD

\$1 donation

Mondays at 1:15 p.m.

Jack of Diamonds

Wednesdays and Fridays at 1:15 p.m.

Black Queens

SKAT

Tuesdays at 9:00 a.m.

SPANISH CLUB

Wednesdays at 1:30 p.m.

STAMP CLUB

3rd Wednesday at 7:30 p.m.

STITCHERY CLUB

2nd & 4th Tuesday at 1:00 p.m.

SUPPER CLUB

Dutch Treat. Everyone welcome!

You MUST call the Center if attending.

Friday, December 14

Social: 5:00 p.m.; Dinner: 5:30 p.m.

Elk's Club

Saturday, January 19

Social: 5:00 p.m.; Dinner: 5:30 p.m.

Gino's Italian Restaurant

TOPS (Take Off Pounds Sensibly)

Chapter #1159

Mondays at 5:00 p.m.

Chapter #0566

Thursdays at 6:00 p.m.

WACKY RACES

4th Tuesday at 3:00 p.m. (after Bingo)

Wii BOWLING

Open Bowling by request—call to reserve day

Fridays at 12:30 and 2:00 p.m.

League Play

WINNEBAGO WOODWORKERS

2nd Tuesday from 6:00–8:00 p.m.

General meeting held at the FDL Senior Center

Other Tuesdays from 6:00–8:00 p.m.

Workshop meetings at Horace Mann High School, North Fond du Lac.

Contact Dave Jackson at 923-5233 for more information.

WOODCARVERS GROUP

Mondays at 9:00 a.m.

WRITERS GROUP

Fridays at 1:00 p.m.

HEALTH & WELLNESS

WALKING CLASS

Walking class meets every **Monday and Thursday afternoon at 3:45 p.m.** For comfort, wear walking shoes. 50¢

Donation. Now that is getting colder, it is good time to join some indoor exercise class. You will get a good mile workout each time you come. Each session focuses on one of five different body areas.



EXERCISE CLASSES

Mondays 8:55 – 9:25 a.m.

Sponsored by **All About Life**
Men & Women Welcome!

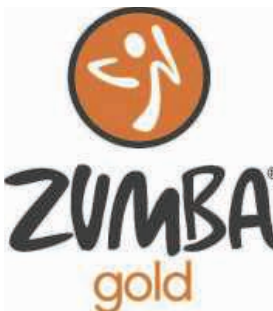
EXERCISE VIDEO

Wednesdays 10:15 – 10:45 a.m.

Video furnished by **Lutheran Homes and Health Services**

ZUMBA GOLD IS BACK AT THE SENIOR CENTER

Kirsten Quam will be conducting Zumba Gold classes on **Monday evenings from 5:30 to 6:30 p.m.** The cost is \$5 for walk ins or a ten class punch card for \$40. Please call 920-606-9078 for more information.



COUNTRY LINE DANCING FOR BEGINNERS



Are you bored with regular exercise routines but want to get or stay in shape? Check out our Saturday Country Line dancing classes—meeting **December 8, 15, and 22 from 10:00–11:30 a.m.** \$7.50 for the three sessions.

TAI JI

The next session will **begin February 5, 2013.** The classes meet on **Tuesday mornings from 9:00–10:00 a.m.** The cost is \$45. Participants should wear loose comfortable clothing and tennis shoes. Friends Membership is required. For more information please call 322-3630.

OTHER EXERCISE

Hikers Tuesday & Thursday mornings
Line DancingThursdays 6–7:30 p.m.; \$10 for 4 weeks
Water Exercise Daily 8 a.m. at the Aquatic Center
14 \$3.75 per session

HEALTH SERVICES

BLOOD PRESSURE TESTING

Sponsored by Agnesian Home Healthcare

Friday, December 14; 9–10 a.m. *2nd Fri. of the month*
No appointment needed. Donations accepted.

BLOOD SUGAR TESTING

Sponsored by Lutheran Homes & Health Services

Friday, December 14; 9–10 a.m. *2nd Fri. of the month*
No appointment needed; Donations accepted.
12-hour fast is required.

CHOLESTEROL SCREENING

Sponsored by Consultants Lab – A member of Agnesian HealthCare
Lipid Panel + Glucose screening

Tuesday, February 12; 8:30– 11 a.m.

2nd Tuesday in February, May, August, November

Cost: \$20; Call 322-3630 for appointment.

12-hour fast is required.

FOOT CARE (ROUTINE NAIL CARE)

Sponsored by FDL County Health Department

Thursday, December 13, 20, 27

Cost: \$20; Call 322-3630 for appointment.

HEARING SCREENING/HEARING AID CLEANING

Sponsored by Avada Hearing Care Center

Friday, December 14; 8:30–10 a.m.

2nd Friday of even months

FREE Hearing Screenings and FREE Hearing Aid Cleanings

Call 322-3630 for appointment; Donations accepted.

MASSAGE, REFLEXOLOGY, IRIS

Renee Waters, Certified Massage Therapist & Naturopath;

Owner of Country Doctor

Tuesday, December 18; 10 a.m. through the day

Usually 4th Tuesday of the month

Cost: \$20 for 30 minute session; Call 322-3630 for appointment.

VITAMIN D TESTING 25OH Vitamin D test

Sponsored by Consultants Lab – A member of Agnesian HealthCare

Tuesday, February 12; 8:30 – 11 a.m.

2nd Tuesday in February, May, August, November

Cost: \$40; Call 322-3630 for appointment.

SUPPORT GROUPS

DIABETIC SUPPORT GROUPS

Monday, January 7, 5:30–6:30 p.m. (*1st Monday of the month*)

Agnesian Health Care, 430 E. Division St., 6th floor meeting room

No meeting in December . (*4th Wednesday of the month*)

Aurora Health Care Center, 210 American Drive, American Room

GLUTEN FREE SUPPORT GROUP

Next Meeting: Friday, January 18, from 9–10 a.m.

Festival Foods, Conference Room, 1125 E. Johnson Street

PROSTATE CANCER

Tuesday, December 12, at 8:30 a.m. (*2nd Tuesday of the month*)

Rolling Meadows Family Restaurant, 947 S. Rolling Meadows Drive

PARKINSON'S SUPPORT GROUP

Monday, December 10, from 10-11 a.m. (*2nd Monday of the month*)

Aurora Health Care Center, 210 American Drive, American Room

HEALTH & WELLNESS



LOOK GOOD...FEEL BETTER

Wednesday, December 12; 9–11 a.m.

The American Cancer Society sponsors "Look Good...Feel Better" programs at the Senior Center. This is a free program created **for women of any age** undergoing cancer treatment to look good and manage treatment and recovery with greater confidence. Each participant will receive a complimentary beauty kit with cosmetics donated by top name companies. If you know a lady going through treatment, tell her about this beneficial program.

Advance registration is required by calling the American Cancer Society toll free at 1-800-227-2345.

Heart Tree Ornaments

November 5–December 21

Honor a loved one! \$2 each

Order form available on page 4. The heart tree dedication will be held on Thursday, February 7, at 10:00 a.m. Proceeds support the Senior Outreach Volunteer Program.



Hats Off to Lake View Estates



A special thanks to Lake View Estates for all those delicious pancakes that we enjoyed on November 9. All proceeds from the breakfast went to the Senior Outreach Volunteer Program.

SENIOR WELLNESS MORNING

Friday, December 14, from 9–11 a.m.

Health Screenings: 9–10 a.m.

- Blood pressure,
- Blood sugar (fast required),
- Hearing

Booths: 9–10 a.m. Home health care, the Country Doctor, the Alzheimer's Association, massage, nursing home, assisted living facilities, exercise, ADRC and more.

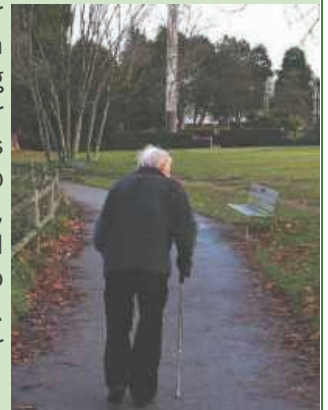
Speaker: 10 a.m. Ginny Nyhuis, Alzheimer's Association, will speak on **Nourish your Noggin—The Necessities of Brain Wellness**



Demo: The Senior Center's SCAMP band will perform seasonal music. Do you have musical talent? New members are welcome.

Seeking Clients for the Outreach Program

We had a successful Senior Outreach training program in October and we are now taking additional clients. If you or someone you know is homebound, lonely, needs help finding community resources, or just wants a friend to spend time with, you can refer them to the Senior Outreach Program. Please call 322-3636 to refer or for any questions you have.



SENIOR OUTREACH PROGRAM

Reaching Out – Touching Lives



COMMUNITY CARES

Volunteers will visit Walnut Grove, 597 Kingswood Avenue, from **2–3 p.m. on Tuesday, December 18.**

Volunteers go to a different local nursing home or assisted living facility each month to visit residents who have few visitors.

This December visit will be special as we will join with residents in singing Christmas carols, sharing refreshments and small gifts. This is a smaller facility that is often overlooked at this time of the year. Please call 322-3630 if you would like to join us. All ages are welcome.



OUTREACH HOLIDAY BREAKFAST

Current Senior Outreach program volunteers will meet on Thursday, December 6, at 9:00 a.m. at Rolling Meadows Restaurant for our annual holiday breakfast. This is for volunteers only. If you did not sign up at the November meeting, you need to call the Senior Center before December 4 to make a reservation. Please bring your November reports. Join us for an enjoyable time of friendship and sharing.



The Senior Outreach Program is funded in part by:

Friends of the Fond du Lac Senior Center
Fond du Lac County Department of Community Programs
Fond du Lac Area United Way; Fond du Lac Area Foundation

RED HAT HONEYS

THE FDL SENIOR CENTER CHAPTER OF THE RED HAT SOCIETY

To learn more about Red Hat Honeys activities, you must pick up a newsletter at the front desk, or request to get on the Red Hat e-mail list. The Chapter is open to ladies of all ages and the \$5 membership is on-going.

REMEMBER TO RENEW YOUR RED HAT MEMBERSHIP WHEN YOU RENEW YOUR FRIENDS MEMBERSHIP. It's just easier!

12 days of
Christmas



RED HAT CHRISTMAS PARTY

12-12-12 at 12 for \$12

Wednesday—December 12 • Noon • Trinity Hall Restaurant

Deadline to register is Wednesday, December 5.

See the crowning of our new Queen Bee!



Hard Times
Royal Rummy is Back
Friday—January 18
from 1:30—3:30 p.m.



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- Information or referral on many senior citizen related topics
- Car Fit service available by appt—have a perfect fit to your car
- Photo copies 5¢ each page; FAX send/receive; Laminating
- Document shredder available for your use
- Income tax assistance (free) during tax season
- Books, magazines, puzzles, videos available to borrow FREE
- Weight scale in Health Room
- Newcomer tour: Call for a personal appointment or just stop in
- Magnified reader for visually impaired or for reading fine print
- Telephone Reassurance Calls: Mornings (Monday—Friday)
- This 'n That Craft Shoppe open weekdays 9 a.m.—4 p.m.
Craft Intake held every Tuesday from 9:30 a.m.—1:00 p.m.
Crafters welcome to inquire about consignment opportunities
- FDL County Department of Senior Services Dining Program
Meals served at Senior Center Monday—Thursday at 11:45 a.m.
Reservations for meals are made by calling 929-3937 and MUST be made by 1 p.m. the day before you will attend. Menus are available at the front desk.
Suggested donation of \$3 for those 60 years of age or older or married to someone 60 or older; required fee of \$9.25 for those younger than 60.
- FDL County Department of Senior Service Benefit Specialist
Julie Hilbert can be reached at 929-3521.

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HO HO HOTLINE

YOUR GRANDCHILDREN CAN TALK TO SANTA!

The Senior Center had *special connections* with Santa and Mrs. Claus, giving children the opportunity to make a local phone call and talk to the North Pole couple about gift wishes. With adult permission, for an hour every weekday afternoon, from **Monday, December 10 through Friday, December 21**, children can call to talk to either Santa or Mrs. Claus. Children should call only **between 3:30 and 4:30 p.m.**

Ho Ho Hotline
322-3634

This community service is provided by the Fond du Lac Senior Center. Thank you to the volunteers who make this fun service possible.



CLASSES & CROPS

COMMUNITY

ART & RECREATION CLASSES

Several art and recreational classes are offered at the Senior Center. Registration for these classes is required—register at the front desk. Payment is expected at that time and can be made with cash or check made payable to *Friends, Inc.*

Class	Day	Time	Weeks	Cost
Oil Painting	Tuesday	10 a.m.—noon	4	\$15
December 4, 11, 18 (3 weeks/\$11.25) January 8, 15, 22, 29				
Watercolor	Tuesday	1—3 p.m.	4	\$15
December 4, 11, 18 (3 weeks/\$11.25) January 8, 15, 22, 29				
Mixed Media	Tuesday	3—4:30 p.m.	4	\$10
December 4, 11, 18 (3 weeks/\$7.50) January 8, 15, 22, 29				
Drawing	Wednesday	6—8 p.m.	4	\$15
December 5, 12, 19, 26 January 9, 16, 23, 30				
Country Line Dancing	Thursday	6—7:30 p.m.	4	\$10
December 6, 13, 20, 27 January 3, 10, 17, 24				
Beginning Country Line Dancing	Saturday	10—11:30 a.m.	3	\$7.50
December 8, 15, 22 January 5, 12, 19				

SCRAPBOOK CROPS ✂--✂--✂

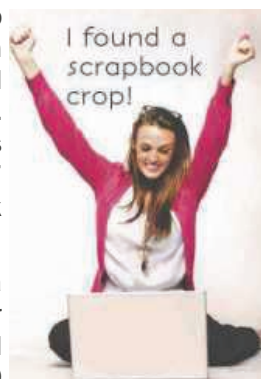
▪ Kim Stern has a Scrapbooking Crop scheduled at the Senior Center on **January 26**, from 9 a.m. to 9 p.m. All skill levels and all ages are welcome. The \$18 registration fee includes lunch and dinner, a “make & take” and a large space to scrapbook away. To register: Kim at 517-1108.

▪ Danielle Mader will hold a Scrapbooking Crop at the Senior Center on **February 23**. The crop will go from 9 a.m. to 11 p.m. The \$20 cost includes lunch and dinner, and a large space for scrapbooking. To register: Danielle at 517-3496.

Other 2013 dates for Saturday Scrapbook Crops at the Senior Center: **March 23, April 27, May 25, June 29, July 27, August 24, September 28, October 26 and November 23.**

CARD MAKING CLASS

There is no card class in December – but Jana be back in January with more awesome items for you to try out and techniques for you to learn!!! **Save the date – Tuesday, January 8...**To sign up, contact Jana @ 920-979-5262 or email to stampinjana@charter.net



SENIOR DINING GROUP

The Fond du Lac Senior Dining Group invites all men & women 55 and older to join them on Tuesday nights. The group meets weekly for dining, with cocktails at 5:30 p.m. and dinner at 6:30 p.m.

Dec. 4 Gino's 584 W. Johnson St., FDL
Dec. 11 Pizza Ville 160 W. Scott St., FDL
Dec. 18 Schmiity's Oar House N7044 Winnebago Dr., FDL

For more information on the dining group, please call Max at 920-269-4180 or Mary Jo at 960-2532.

TOBACCO FREE LIVING

This Holiday Season Support Tobacco Prevention...It saves lives
Tobacco use is still the number one cause of preventable death in our state. The tobacco tax revenue WI receives each year totals more than \$600 million and less than 1% of that is invested in helping people quit and preventing youth from starting.

New Candy Flavored Tobacco Products Appeal to Our Kids

Although progress has been made in decreasing adult and youth smoking, rates, flavored cigars and smokeless tobacco product use is on the rise among youth. These products appeal to youth and are taxed cheaper than cigarettes.



Secondhand Smoke Help children stay healthy by eliminating exposure to tobacco smoke by establishing a completely smoke-free home and vehicle.

In 2010, 133 FDL County residents died from tobacco-related diseases. As you celebrate your holiday season with family and friends, remember that each year 7,400 WI youth become new daily smokers and more than 7,700 residents suffer smoking related deaths. Those loved ones will not be at family gatherings this year nor will they help ring in a New Year because they lost their lives to tobacco-related illnesses. If you would like more information or if you would like to join the local Tobacco Control Coalition contact Sandy Bernier, Tobacco Control Program Coordinator for “Five Counties for Tobacco-Free Living” at sandy.bernier@fdlco.wi.gov or 920-906-5537.

UPCOMING PROGRAM AT THE ADRC

Aging & Disability Resource Center

50 N. Portland Street; For more information call 929-3466

ALZHEIMER'S REPRESENTATIVE

Wednesday, December 5 • 10 a.m.—12 p.m. • ADRC • FREE

Whether you are a family member, friend, or person with memory loss, you can meet one-on-one with the Alzheimer's Representative. Get answers to your questions concerning memory loss, diagnosis, treatment options, coping with changes and planning for the future. Appointments appreciated by calling 920-838-1311— but drop-ins are welcome.

JOIN THE FRIENDS

What would Santa do?



He'd tell you 'tis the season to

RENEW!

If you haven't done so already, it's time to renew your **Friend\$ membership** for a chance to win **fabulous\$ prizes\$** in our **2013 Membership Drive Drawing** that runs through **December 31, 2012**

1st Place Prize: \$100 CASH

OTHER 2013 MEMBERSHIP DRIVE PRIZES INCLUDE:

- Restaurant & area business gift certificates
- 2013 Dine Out Coupon Books
- And more!

Complete the membership form to the right and mail it with your check or drop it off with payment at the front desk **by December 31**, and you just might win a prize. You are automatically entered into the random drawing with your completed form.

Not sure if you've already renewed for 2013? Look for your renewal date on the mailing label of this newsletter. If it says 01/01/13, you have not renewed. If it says 01/01/14, Santa already knows you've been good. 😊

2013 FRIENDS MEMBERSHIP APPLICATION

2013 membership valid NOW through December 31, 2013

To join the FRIENDS of the FOND DU LAC SENIOR CENTER or to renew your membership, please complete this application and return it to the Fond du Lac Senior Center. Membership is on-going throughout the whole year.

Please make check payable to: "FRIENDS, INC."

Fond du Lac Senior Center
151 E. 1st Street
Fond du Lac, Wisconsin 54935

PLEASE PRINT CLEARLY as all information is entered into the computer by a volunteer.

NAME(s) (both, if couple)	
ADDRESS	
CITY, STATE, ZIP	
PHONE	
BIRTHDATE (optional)	
E-MAIL (absolutely confidential)	
CITY RESIDENT?	<input type="checkbox"/> City of Fond du Lac Other: _____

CHOICE OF SUPPORT:

- ☐ \$10.00 **Single**
- ☐ \$15.00 **Couple** (Husband and Wife)

RENEW or JOIN before December 31, 2012 and be eligible for great prizes in our 2013 Friends Membership Drive... a chance to WIN \$100 AND MORE!

- ☐ \$ _____ **Utility Donation for the City of Fond du Lac** For a few years now, we have asked members to give \$25 or whatever they could afford. A \$10,000 donation has been made each year in the fall by the Friends Board of Director to City Council to help cover the \$19,000 cost of utilities at the Senior Center. Thank you to all who helped with donations. Almost \$5,000 in donations came in this year and the remainder came from fundraising efforts. Your donation for 2013 is optional but *very much appreciated!*
- ☐ \$50.00 **FANTASTIC FRIENDS membership support** — Thank you for your \$50 donation to the Friends of the Fond du Lac Senior Center. This special membership helps with the day-to-day operation of the Center and is much appreciated. You will receive a 2013 Dine Out Coupon Book in appreciation of your fantastic donation. *You can pick it up at the front desk.* The **FANTASTIC FRIENDS MEMBERSHIP includes your single or couple membership** and additional donation to Friends to help with the operation of the Center.
- ☐ \$100.00 **FABULOUS FRIENDS membership support** — Thank you for your "above and beyond" FABULOUS \$100 donation to the Friends. Recognition of your support will be in the Senior Center's October newsletter, and you will receive 2 new 2013 Dine Out Coupon Books with our appreciation. *Please pick them up at the front desk.* The **FABULOUS FRIENDS MEMBERSHIP includes your single or couple membership**, and a fabulous donation to the Friends of the Fond du Lac Senior Center to help with operations.

PLEASE CHECK: ☐ Yes, you CAN include my name when listing publicity. ☐ No, please do NOT list my name.

TOTAL ENCLOSED (Utility Donation and Friends Membership can be on the same check.)

Because the Friends is a 501(c)(3) nonprofit organization, your contribution is tax deductible.

Please note that **RED HAT HONEYS** members use another purple form for the **\$5 chapter dues**. The \$5 dues should be paid at the same time the required Friends membership is paid to avoid confusion. Friends membership, utility donation, and Red Hat dues CAN be on the same check. Forms are available at the Senior Center and Red Hat Honeys membership is on-going throughout the year. We always welcome new Red Hatters!

FOR OFFICE USE ONLY

DATE PAID _____ CASH _____ CHECK _____ CHECK # _____

☐ NEW 2013 Member ☐ Renewal Receptionist Initials _____

☐ FANTASTIC FRIENDS \$50 ☐ FABULOUS FRIENDS \$100 ☐ UTILITY DONATION: \$ _____

☐ Received Among Friends Newsletter ☐ Received Happy Travelers Info ☐ Red Hat Dues also paid (purple form)



Fond du Lac Senior Center

151 E. First Street
Fond du Lac, WI 54935

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dwinkelmann@fdl.wi.gov

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Jean Holzman 322-3636

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Vickie Michels 322-3639

CRAFT SHOPPE COORDINATOR

Patsy Lefebvre
322-3638

PROGRAM/OFFICE ASSISTANT TOUR DIRECTOR

Mary Schneider 322-3640

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Mary Kind, Vice President
Kate Barr, Secretary
Ron Zarling, Treasurer
Susanne Dennis
Jerry Gordon
Charlotte Nelson
Irv Pea
Ruth Smith

Fond du Lac Senior Center
is a member of **WASC**

Wisconsin

Association of

Senior

Centers



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Mary Kind, Vice Chair
Vivian Gorden, Secretary
Sr. Angie Behen
Kathryn Curran
Joyce Dille
Councilman Jim Sabel
Donna Jean Trapp
Judi Walters

MISSION

The Fond du Lac Senior Center is dedicated to enriching the social, physical, emotional, and intellectual well-being of seniors in the community.

♥LCW



Visit us online: www.fdlseiorcenter.com

Stay up to date with everything happening at the Center!

"Like" us on Facebook for pictures, contests and more!

[Facebook.com/FondduLacSeniorCenter](https://www.facebook.com/FondduLacSeniorCenter)



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